

Caring for Children with Herbs

A series of 8 classes

1-5pm Wednesday afternoons

This class will be held completely outdoors. If weather interrupts, our class will meet the next day, on Thursday afternoon.

May 12th, June 2nd, June 23rd, July 14th, August 4th, August 25th,
September 15th, and October 6th

\$760

This 8 class series is designed for people who want to take care of their families, as well as people who spend time with babies and children regularly. The class is friendly to all skill levels. We will cover many of the experiences that people who caretake children bump into. From teething, and teeth issues to wounds, including blood and bruises, aches and growing pains, sporting injuries, blisters, pimples, bug bites, burns and sunburns, rashes, allergies, sleep, attachment issues, sibling rivalry, whiney behavior, tantrums, motivational issues, focus, organizational issues and even learning difficulties. We'll cover how to keep everyone in the family healthy during the fall and winter, including colds and flus.

This class is meant to address concerns of everyday life that the students bring to class. We will have time to share experiences and come up with solutions, then meet again at our next class to discuss how the solution is working and if more can be done.

The class will teach you how to identify relevant plants and where to find them. We will take plant walks and talk about how to integrate incredibly nutritious wild plants into your family's diet, even with picky eaters. During the class we will occasionally travel to harvest plants to make natural sunscreen, and other remedies that address the common events of life with children, but there likely are plants with many medicinal properties in your own backyard!

Since the class builds over time, it is meant to help the students become confident taking care of their families through the course of the year. Students will have phone and text access to Lise between classes, since having a person to hold your hand as you newly use herbs through life's mishaps, helps develop your confidence using herbs with the ones you love.

***I love children too, but please leave them at home for this class*

Registration for Children and Herbal Medicine Class

Name:

Phone number (and can I text you at this number?) :

Email adress: